

# Pre- Kindergarten Guide

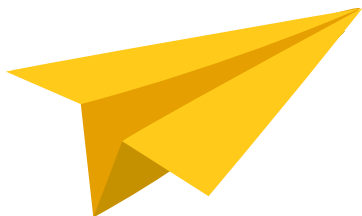


A Guide to Preparing Your Child for Pre-K and Kindergarten at Most Holy Rosary Elementary School. Starting Pre-K or Kindergarten is an exciting and momentous occasion! As parents and guardians, we can help our children prepare for this next big step.



# READ

We will embark on exciting literary journeys, where stories come to life. We will explore different genres, characters, and the wonders of storytelling. To prepare, read every day. Read your favorite books often and visit the library when you can.





# TALK

*Developing your child's oral language skills is an integral part of preparing for Pre-K and kindergarten. Engage your child in discussion about the world around him. Ask questions. Talk about nature, letters, numbers, and feelings. Encourage your child to make eye contact and greet others with a "Hello" and a "Goodbye."*



# TIME TO

# PRACTICE

Give your child time away from you. Practice separating and giving your child a little bit of space. Make time for play dates and opportunities that allow your child to spend time with other children their age.





# PLAY AND EXPLORE

*We believe in the power of play! From games to imaginative play, our classrooms will be filled with expression. To prepare, spend time playing with your child. Encourage pretend play and role-playing. Laugh and have fun together. Offer your child playtime to herself, giving the opportunity to decide what to do.*





# INDEPENDENCE

*Children who are able to care for some of their personal needs do better. Please support your child in taking care of his own needs. Try talking through things rather than doing them for him.*





# WAYS TO PREPARE FOR PRE- KINDERGARTEN

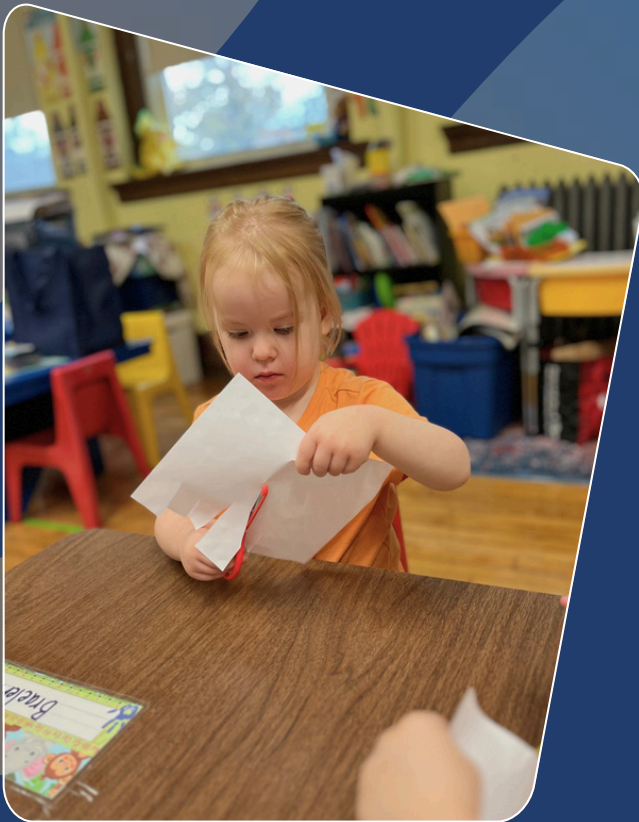


## TOP 8 TIPS

- ✔ Work on fine motor skills with play dough, Legos, sand, etc.
- ✔ Practice social skills such as sharing and taking turns.
- ✔ Help them take responsibility for cleaning messes and getting dressed.
- ✔ Teach problem-solving strategies.
- ✔ Build self-esteem by allowing struggles and overcoming obstacles.
- ✔ Learn to follow two-step directions.
- ✔ Practice advocating. Teach them to ask for the things that they need.
- ✔ Use good manners.

# What Can We Work On

*Before Pre-Kindergarten and Kindergarten*



## PERSONAL CARE

- Use the restroom independently and practice good hygiene
- Button and connect the clasp on skirts, shorts, or pants
- Open lunch and snack containers

## SOCIAL EMOTIONAL

- Interact positively with peers and adults
- Ask for help
- Handle emotions appropriately

## ACADEMIC

- Letter recognition
- Recognize their name in print
- Identify colors and shapes
- Count objects one at a time
- Sit and listen for 5 to 10 minutes
- Follow simple directions

## FINE MOTOR

Hold and use...

- Pencils
- Crayons
- Scissors
- Glue







# MOST HOLY ROSARY ELEMENTARY SCHOOL

Join Our Pre-Kindergarten Adventure!

At Most Holy Rosary Elementary School, your child will meet amazing friends from different backgrounds and cultures. Together, we will create a warm and inclusive community that celebrates diversity and friendship. We look forward to meeting you and your child.

See you in September!

**ENROLL TODAY**



Contact Us:  
**(315) 476-6035**

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