

## Physical Exams

The New York State Department of Health (NYS DOH) requires that any student new to a school as well as children in grades Kindergarten, 2, 4, 7, 10 have a current physical examination. Also required by NYS in alternating years is a Health Screening for students in grades 1, 3, 5, and 6, if a current physical exam is not available.

A current physical exam is defined as an exam that has been dated and signed by your child's Health Care Provider and completed no earlier than within one year prior to the beginning of the current school year's starting date. Exams completed prior to that date will not fulfill the requirements.

Health Screenings are conducted during the school day by the School Nurse. This exam includes a vision check, height, weight, blood pressure and scoliosis screening. If any problems are detected during the screening process, parents/guardians will be notified of these findings and a referral for follow up care will be given. However if a current physical exam is submitted the school health screening can be omitted.

It is suggested that the exam is done by the family physician who best knows your child and is therefore better able to judge any changes or deviation in your child's state of health. Findings can be discussed and referrals can then all be made in one visit.

You may either send in the physical exam with your child or mail it directly to the school. If you prefer, you or your Health Provider can fax a copy to the school.

The form can be found on this website – SCSD Physical Exam student form